

Madanmohan Ramanlal-AMA Centre for Human Resource Development

# THE MANAGER MINDSET

In today's rapidly evolving business environment, managers are constantly challenged to adapt, lead, and inspire with agility. This program is designed to help leaders shift from a fixed to a growth mindset, empowering them to embrace change and drive innovation. By moving from a reactive to a proactive mindset, managers learn to focus on what they can control and make confident decisions. The program emphasizes building productive and nurturing relationships with teams, a critical skill for fostering collaboration and trust. It also sharpens cognitive flexibility, enabling managers to think strategically across dynamic situations. Finally, by cultivating resilience, participants are better prepared to navigate uncertainty while maintaining effectiveness. Together, these mindsets form the foundation for impactful leadership in an ever-changing world.

#### **CONTENTS**

- A discussion on paradigms and their role in shifting from Fixed Mindset to **Growth Mindset**
- Moving towards Proactive Mindset from Reactive Mindset by controlling the controllables
- Building a Mindset to foster Productive and Nurturing Relationships with teams
- Imbibe a Mindset that helps to develop Cognitive Flexibility
- Building a Resilient Mindset to handle a dynamic and ever-changing environment

### **FOR WHOM**

This program is ideal for junior to mid-level managers, first-time team leaders, and high-potential employees preparing for larger responsibilities. It is also well-suited for project managers, functional heads, and client-facing professionals who must demonstrate resilience, adaptability, and strong people management skills.

#### PROGRAMME FACULTY

Mr. Mehernosh Daruwalla brings 18 years of rich experience across Hospitality, Aviation, Corporate Services, and Training. With 10 years in corporate service and 8 years as a Trainer & Consultant, he engages effectively in multicultural environments with a strong professional approach. A Certified Image Consultant and Corporate Trainer, he has worked with prestigious institutes, SMEs, Corporates, and the Government of Gujarat on skill development projects. His expertise lies in enhancing Appearance, Behaviour, and Communication, while designing customized training programs that help organizations achieve their goals. Known for his interactive facilitation style, he has empowered countless professionals to build confidence, leadership presence, and interpersonal effectiveness.

**Programme Date:** 

October 16, 2025

**Duration:** 

**Full Day** 

Time:

9.30 AM to 5.00 PM

Format:



**Programme Fee:** 

INR 1,500 (Incl. GST) Concession for Members 10%; Patron 20%. (Lunch included)

Last Date to Register: October 15, 2025

Register

For bulk nominations and enquiries, please reach us at:

Mr. Dishank Panchal

Sr. Manager – Programs & Development Mobile: 63525 56857

Email: dishank@amaindia.org

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## **AHMEDABAD MANAGEMENT ASSOCIATION**

AMA Complex, ATIRA Campus, Dr. Vikram Sarabhai Marg, Ahmedabad 380 015.

www.amaindia.org ama@amaindia.org **\( 079-26308601-05** 

Mobile: 7203030990













